Biography

Staff Sergeant Mike Connors Demonstration Parachutist, Gold Team U.S. Army Parachute Team, "Golden Knights"

Personal Statistics

Hometown: Sacramento, California School Attended: Mira Loma High School

Biographical Sketch

SSG Mike Connors, is serving on the Gold Demonstration Team as a Drop Zone Safety Officer.

Mike enlisted more than 6 years ago and attended Basic Training and Advanced Individual Training to become an 11B, Airborne Infantryman at Fort Benning, Georgia.

Throughout his career, he has remained at Fort Bragg, North Carolina.



He has served as an Airborne Infantryman until he was selected to assist the team as a Drop Zone Safety Officer in October 2018.

SSG Mike Connors has been awarded 2 Army Commendation Medals and the Combat Infantryman Badge.

Since his first freefall jump in 2016, Mike has logged more than 400 freefall parachute jumps.

In his free time Mike enjoys skydiving, rock climbing, riding motocross, and spending time with friends and family.

